

# ATLAS GOURMAND MAP



- 1 **Les Filles**: daily menu, open tables, organic & fresh meals.
- 2 **In 't Spinnepopke**: Belgian cuisine & beers.
- 3 **Lord Byron**: arty and intimate bar, great selection of beers & cocktails.
- 4 **Dansaert Area**:
  - ★ **Bonsoir Clara**: trendy restaurant with walls of stained glass, Mediterranean cuisine.
  - ★ **Kasbah**: Moroccan restaurant, serving couscous & tagine dishes.
  - ★ **Le Pain Quotidien**: rustic & chic style bakery and coffee place. The first Le Pain Quotidien in the world.\*
  - ★ **L'Archiduc**: cozy cocktail bar with live jazz music.
- 5 **De Markten Cafe**: terrace café with light food. \*
- 6 **Le Paon Royal**: Belgian cuisine.\*
- 7 **St-Catherine Area**:
  - ★ **Charli Boulangerie**: homemade bakery.
  - ★ **Charli**: tacos, quiches, tartes & sandwiches.\*
  - ★ **Delicatessen**: salad bar for lunch, gourmet restaurant for dinner.
  - ★ **Jack O'Shea**: steak house.
  - ★ **Bar Des Amis**: music bar.
  - ★ **Amadeo Brussels**: all-you-can-eat spare ribs.
- 8 **Mer du Nord**: fish bar, seafood specialities.
- 9 **I Latini**: Italian cuisine.
- 10 **Ellis Gourmet Burger**: gourmet, specializing in burger.\*
- 11 **Le Fourneau Ibérique**: gastronomic tapas & Spanish dishes. Good selection of wine.
- 12 **Makisu**: cozy maki and sushi spot.\*
- 13 **A Casa Mia**: Italian cuisine .
- 14 **Le Selecto**: bistronomic Italian cuisine.
- 15 **Henri**: trendy restaurant with framed photos & an aquarium, international cuisine & chalkboard specials.
- 16 **Fish Market Area**: good selection of seafood restaurants.
- 17 **Madame Moustache**: bar with live music, party nights.
- 18 **Marie-Joseph**: gastronomic seafood restaurant.
- 19 **Saint-Géry Area**: Mappa Mondo, Café Des Halles
- 20 **Asian Street**: variety choices for Asian food.
- 21 **Exki**: Fresh salads, soups & sandwiches.
- 22 **Or Cafe Roasters**: Great coffee, cozy atmosphere.
- 23 **O'Reilly's**: Irish pub.
- 24 **Manhattan's Burger**: premium burger restaurant.\*
- 25 **Fritland**: Belgian fries.
- 26 **Bia Mara**: fish & chips.
- 27 **Peck 47**: cute coffee house with daily fresh made food.
- 28 **Paul**: bakery house.
- 29 **Samourai**: authentic Japanese cuisine.
- 30 **Belga Queen**: stylish seafood restaurant with an oyster bar and a cigar lounge.

\* Extended lunch hours.

**1 Les Filles:** daily menu, open tables, organic & fresh meals.  
🌐 [www.lesfillesplaisirscales.be](http://www.lesfillesplaisirscales.be)  
🏠 Rue vieux Marché aux Grains 46, 1000 Brussels  
🕒 Mon – Sun: 12 – 2 pm & 6 - 9pm / Sat & Sun: 10 – 4pm ☎️ 02/534 04 83

**2 In 't Spinnekopke:** Belgian cuisine & beers.  
🌐 [www.spinnekopke.be](http://www.spinnekopke.be)  
🏠 Place du Jardin aux Fleurs 1, 1000 Brussels  
🕒 Mon – Fri: 11am – 3pm & 6pm – 11pm / Sat: 6 – 11pm ☎️ 02/ 511 86 95

**3 Lord Byron:** arty and intimate bar, great selection of beers & cocktails.  
🏠 Rue des Chartreux 8, 1000 Brussels  
🕒 Mon – Sat: 5pm – 5am ☎️ 04/ 743 506 83

#### 4 Dansaert Area:

★ **Bonsoir Clara:** trendy restaurant with walls of stained glass, Mediterranean cuisine.  
🌐 [www.bonsoirclara.com](http://www.bonsoirclara.com)  
🏠 Rue Antoine Dansaert 22, 1000 Brussels  
🕒 Mon – Fri: 12 – 2.30pm & 7pm – 11.30pm / Sat & Sun: 7pm – 11.30pm ☎️ 02/ 502 09 90

★ **Kasbah:** Moroccan restaurant, serving couscous & tagine dishes.  
🌐 [www.lakasbahresto.com](http://www.lakasbahresto.com)  
🏠 Rue Antoine Dansaert 20, 1000 Brussels  
🕒 Mon – Sun: 12 – 3pm & 6.30pm – 12am ☎️ 02/ 502 40 26

★ **Le Pain Quotidien:** rustic & chic style bakery and coffee place. The first Le Pain Quotidien in the world.  
🌐 [www.lepainquotidien.be](http://www.lepainquotidien.be)  
🏠 Rue Antoine Dansaert 16A, 1000 Brussels  
🕒 Mon – Sat: 7am – 7pm / Sun: 7am – 6pm ☎️ 02/ 502 23 61

★ **L'Archiduc:** cozy cocktail bar with live jazz music.  
🌐 [www.archiduc.net](http://www.archiduc.net)  
🏠 Rue Antoine Dansaert 6, 1000 Brussels  
🕒 Mon – Fri: 4pm – 6am / Sat & Sun: 2pm – 6am ☎️ 02/ 512 06 52

**5 De Markten Cafe:** terrace café with light food.  
🌐 [www.demarkten.be/café](http://www.demarkten.be/café)  
🏠 Rue du Vieux Marché aux Grains 5, 1000 Brussels  
🕒 Mon – Sat: 8.30am – 12am / Sun: 10am – 6pm ☎️ 02/ 513 98 55

**6 Le Paon Royal:** Belgian cuisine.  
🌐 [www.greatmomentsinbrussels.be/fr/le-paon-royal/](http://www.greatmomentsinbrussels.be/fr/le-paon-royal/)  
🏠 Rue du Vieux Marché aux Grains 6, 1000 Brussels  
🕒 Mon – Sun: 9am – 10pm ☎️ 02/ 513 08 68

#### 7 St-Catherine Area:

★ **Charli Boulangerie & Charli:** homemade bakery, tacos, quiches, tartes & sandwiches.  
🌐 [www.charliboulangerie.com](http://www.charliboulangerie.com)  
🏠 Charli Boulangerie Rue Sainte-Catherine 34, 1000 Brussels  
🕒 Mon – Sat: 7.30am – 7pm / Sun: 8am – 1.30pm ☎️ 02/ 513 63 32

★ **Delicatessen:** salad bar for lunch, gourmet restaurant for dinner.  
🌐 [www.delicatessenbxl.be](http://www.delicatessenbxl.be)  
🏠 Rue Sainte-Catherine 17 - 19, 1000 Brussels  
🕒 Salad bar: Mon – Sat: 10.30am – 4pm. Restaurant: Wed – Sat: 7pm – 9.30pm ☎️ 02/ 324 78 79

★ **Jack O'Shea:** steak house.  
🌐 [www.jackoshea.com/chophouse.html](http://www.jackoshea.com/chophouse.html)  
🏠 Rue Sainte-Catherine 32, 1000 Brussels  
🕒 Mon – Thurs: 7pm – 10.30pm  
Fri – Sat: 12pm – 2.30pm & 7 - 10:30pm / Sun: 12am – 4pm ☎️ 02/ 503 36 61

★ **Bar Des Amis:** music bar.  
🌐 [www.bardesamis.be](http://www.bardesamis.be)  
🏠 Rue Sainte-Catherine 30, 1000 Brussels  
🕒 Mon – Thurs: 5pm - 2am / Fri - Sun: 3pm – 2am

★ **Amadeo Brussels:** all-you-can-eat spare ribs.  
🌐 [www.amadeus-resto.be/en/amadeo-brussel/](http://www.amadeus-resto.be/en/amadeo-brussel/)  
🏠 Rue Sainte-Catherine 28, 1000 Brussels  
🕒 Mon – Thurs: 6.30pm – 11pm / Fri – Sat: 6pm – 12am / Sun: 6-11pm ☎️ 04/ 9516 77 53

**8 Mer du Nord:** fish bar, seafood specialities.  
🌐 [www.vishandelnoordzee.be](http://www.vishandelnoordzee.be)  
🏠 Rue Sainte-Catherine 45, 1000 Brussels  
🕒 Tue – Sun: 11am – 6pm ☎️ 02/ 513 11 92

**9 I Latini:** Italian cuisine.  
🌐 [www.ilatini.be](http://www.ilatini.be)  
🏠 Rue Sainte-Catherine 2, 1000 Brussels  
🕒 Mon - Sun: 11am – 2.30pm & 7 - 11pm ☎️ 02/ 502 56 03

**10 Ellis Gourmet Burger:** gourmet, specializing in burger.  
🌐 [www.ellisgourmetburger.be/en](http://www.ellisgourmetburger.be/en)  
🏠 Rue Sainte-Catherine 4, 1000 Bruxelles  
🕒 Mon - Sun: 11.30am – 12am ☎️ 02/ 514 23 14

**11 Le Fourneau Ibérique:** gastronomic tapas & Spanish dishes. Good selection of wine.

🌐 [www.lefourneauiberique.be](http://www.lefourneauiberique.be)

🏠 Rue Sainte-Catherine 8, 1000 Brussels

🕒 Mon – Sat: 12pm – 2pm & 6.30pm – 10.30pm

☎️ 02/ 513 10 02

**12 Makisu:** cozy maki and sushi spot.

🌐 [www.makisu.be](http://www.makisu.be)

🏠 Rue de Flandre 6 - 1000 Brussels

🕒 Mon – Thurs: 12 – 10pm / Fri: 12 – 10.30pm

Sat: 12pm – 10.30pm / Sun: 4-10pm

☎️ 02/ 513 81 31

**13 A Casa Mia:** Italian cuisine.

🏠 Rue de Flandre 50, 1000 Brussels

🕒 Tue – Sat : 12pm – 4 pm & 7.30pm – 11pm

☎️ 02/ 513 45 77

**14 Le Selecto:** bistronomic Italian cuisine.

🌐 [www.leselecto.com](http://www.leselecto.com)

🏠 Rue de Flandre 95, 1000 Brussels

🕒 Tues – Fri: 12pm – 2.30pm & 7 - 10.30pm / Sat: 12 – 2.30pm & 7pm – 11pm

☎️ 02/ 511 40 95

**15 Henri:** trendy restaurant with framed photos & an aquarium, international cuisine & chalkboard specials.

🌐 [www.restohenri.be](http://www.restohenri.be)

🏠 Rue de Flandre 113, 1000 Brussels

🕒 Tues – Fri: 12pm - 2.30pm & 6 - 10pm / Sat: 6 - 10pm

☎️ 02/ 218 00 08

**16 Fish Market Area:** good selection of seafood restaurants.

★ **Francois:** gastronomy seafood.

🌐 [www.restaurantfrancois.be/](http://www.restaurantfrancois.be/)

🏠 Quai aux Briques 2, 1000 Brussels

🕒 Tue – Sat: 12pm – 2.30pm & 6.30pm – 10.30pm

☎️ 02/ 511 60 89

★ **Rugbyman #1**

🌐 [www.rugbyman1.com](http://www.rugbyman1.com)

🏠 Quai aux Briques 4, 1000 Brussels

🕒 H: open 7/7

☎️ 02/ 512 56 40

★ **New Rugbyman #2**

🌐 [www.rugbymantwo.com](http://www.rugbymantwo.com)

🏠 Quai aux Briques 12, 1000 Brussels

🕒 H: open 7/7

☎️ 02/ 512 37 60

★ **Le Vistro:** Traditional Belgian food, wines & beers

🌐 [www.levistro.be](http://www.levistro.be)

🏠 Quai aux Briques 16, 1000 Brussels

🕒 Wed – Sun: 12pm – 2pm & 7pm – 10.30pm

☎️ 02/ 512 41 81

★ **L'Huitrière:**

🌐 [www.lhuitriere.be/](http://www.lhuitriere.be/)

🏠 Quai aux Briques 20, 1000 Brussels

🕒 Mon – Sun: 12 – 3pm & 6 – 10.30pm

☎️ 02/ 512 08 66

★ **Frederic Blondeel:** chocolatiers, tea rooms, ice cream.

🌐 [www.frederic-blondeel.be](http://www.frederic-blondeel.be)

🏠 Quai aux Briques 24, 1000 Brussels

Quai aux Briques 36, 1000 Brussels

🕒 Mon – Fri & Sun: 12pm – 6.45pm / Sat: 10.30am – 6.45pm

☎️ 02/ 502 21 31 (eat-in)

☎️ 02/ 502 21 31 (take-away)

**17 Madame Moustache:** bar with live music, party nights.

🌐 [www.madamemoustache.be/](http://www.madamemoustache.be/)

🏠 5 – 7 Quai au bois à brûler, 1000 Brussels

🕒 Tues – Sat: 8pm – 4am

☎️ 04/8973 99 12

**18 Marie-Joseph:** gastronomic seafood restaurant.

🌐 [www.lamariejoseph.be](http://www.lamariejoseph.be)

🏠 47 - 49 Quai au bois à brûler, 1000 Brussels

🕒 Tues – Sun: 12pm – 3pm & 6.30pm – 11pm / Sun: closed at 10.30pm

☎️ 02/ 218 05 96

**19 Saint-Géry Area:**

★ **Mappa Mundo:** Laid-back, wood-paneled bar with French windows, terrace seating, marble-topped bar & a snack menu.

🌐 [www.mappamundo.com](http://www.mappamundo.com)

🏠 Rue du Pont de la Carpe 2-6, 1000 Brussels

🕒 Mon – Sun: 11am – 2am

☎️ 02/ 514 35 55

★ **Café Des Halles Saint-Géry:** Cafe within the colonnaded market hall dating from 1882, hosting parties, live concerts & DJ sets.

🌐 [www.cafedeshalles.be/fr/](http://www.cafedeshalles.be/fr/)

🏠 Place Saint-Géry 1, 1000 Brussels

🕒 Sun – Thurs: 10am – 12am / Fri & Sat: 10am – 3am

☎️ 02/ 503 33 25

★ **Zebra Bar:** Cozy, laid-back bar with exposed brickwork, an eclectic menu, terrace seating & live music evenings.

🏠 Place Saint-Géry 33, 1000 Brussels

🕒 Mon – Sun: 11am – 2am

☎️ 02/ 503 41 12

★ **Gecko:** cocktail bar, serving light food.

🏠 Place Saint-Géry 16, 1000 Brussels

🕒 Mon – Thurs: 9am – 2am / Fri & Sat: 9am – 3am / Sun: 11am – 12am

☎️ 04/ 88 13 81 14

★ **Le Roi Des Belges:** Relaxed cafe-bar with outdoor seating & DJs playing music.  
🏠 Rue Jules Van Praet 35, 1000 Brussel ☎️ 02/ 513 51 16  
🕒 Sun - Wed: 9am - 12am / Thurs - Sat: 9am - 2am

20 **Asian Street:** variety choices for Asian food.

★ **Rêve d'Asie:** Vietnamese & Thai cuisine  
🏠 Rue Jules Van Praet 19 - 1000 Brussels ☎️ 02/ 502 48 28  
🕒 Mon - Sun: 12pm - 2.30pm, 6.30pm - 10.30pm

★ **La Lune de Miel:** Vietnamese & Thai cuisine  
🏠 Jules Van Praetstraat 15, 1000 Brussels ☎️ 02/ 513 91 81  
🕒 Mon - Sun: 12pm - 2.30pm, 6.30pm - 10.30pm

★ **Fanny Thai:** Vietnamese & Thai cuisine  
🏠 Jules Van Praetstraat 36, 1000 Brussels ☎️ 02/ 502 64 22  
🕒 Mon - Fri: 12pm - 3pm & 6pm - 11 pm / Sat & Sun : 12pm - 11pm

★ **Davi Thai:** Thai cuisine  
🌐 <http://www.davi-thai.be>  
🏠 Jules Van Praetstraat 22, 1000 Brussels ☎️ 02/ 511 18 21  
🕒 H: Mon - Sun 12pm - 3 pm & 6pm - 12am

★ **Cô Nem:** Vietnamese & Thai cuisine  
🏠 Rue Jules Van Preat 30, 1000 Brussels ☎️ 02/ 513 42 21  
🕒 Mon - Sat: 12pm - 2.30pm, 5.30pm - 10.30pm

★ **Buddhasia:**  
🏠 Jules Van Praetstraat 16, 1000 Brussels ☎️ 02/ 512 95 41  
🕒 Mon - Thurs: 12pm - 2.30pm, 6 - 10.30pm / Fri - Sun: 12 - 10.30pm

★ **Bambou Fleur:**  
🏠 Jules Van Praetstraat 13, 1000 Brussels ☎️ 02/ 502 29 51  
🕒 Mon - Sun: 12pm - 4pm, 6 - 10.30pm

21 **Exki:** Fresh salads, soups & sandwiches.  
🌐 [www.exki.be/en-be/home](http://www.exki.be/en-be/home)  
🏠 Place de la Bourse 2, 1000 Brussels ☎️ 02/ 512 33 50  
🕒 Mon - Fri: 7am - 10pm / Sat - Sun: 8am - 10pm

22 **Or Cafe Roasters:** Great coffee, cozy atmosphere.  
🌐 [www.orcoffee.be/](http://www.orcoffee.be/)  
🏠 Rue Auguste Orts 9 I, 1000 Brussels ☎️ 02/ 511 74 00  
🕒 Mon - Fri: 8am - 6pm, Sat: 9am - 6pm

23 **O'Reilly's:** Irish pub. Bar offering wood paneling, Irish paintings, 2 large screens for live sport & an international menu.  
🌐 [www.oreillys.com](http://www.oreillys.com) ☎️ 02/ 552 04 80  
🏠 Place de la Bourse 1, 1000 Brussels  
🕒 Sun - Thurs: 11 - 2am / Fri - Sat: 11 - 4am

24 **Manhattan's Burger:** premium burger restaurant.  
🌐 [www.manhattns.com](http://www.manhattns.com)  
🏠 Rue Henri Maus 39, 1000 Brussels ☎️ 02/ 502 88 42  
🕒 Mon - Sun: 11.30am - 11pm

25 **Fritland:** Belgian fries. Fast food with outdoor seating, a street-facing service hatch & traditional Belgian fries.  
🌐 [www.fritlandbrussels.be/en/accueil](http://www.fritlandbrussels.be/en/accueil)  
🏠 Rue Henri Maus 49, 1000 Brussels ☎️ 02/ 514 06 27  
🕒 Mon - Sun: 11am - 1 am

26 **Bia Mara:** fish & chips.  
🌐 <http://www.biamara.com>  
🏠 Rue du Marché aux Poulets 41, 1000 Brussel ☎️ 02/ 502 00 61  
🕒 Mon - Thurs: 12 - 2.30pm, 5.30 - 10.30pm / Fri - Sun: 12 - 10.30pm

27 **Peck 47:** cute coffee house with daily fresh made food.  
🌐 Rue du Marché aux Poulets 47, 1000 Brussels ☎️ 02/ 513 02 87  
🏠 Mon - Thurs: 7.30am - 9pm / Fri: 7.30am - 10pm /  
🕒 Sat: 10am - 10pm / Sun: 10am - 9pm

28 **Paul:** bakery house.  
🌐 [www.paul-belgium.com](http://www.paul-belgium.com)  
🏠 Centre Anspach 9, 1000 Brussels ☎️ 02/ 217 67 12  
🕒 Mon - Sun: 8am - 7pm

29 **Samourai:** authentic Japanese cuisine.  
🌐 [www.samourai-bruxelles.be](http://www.samourai-bruxelles.be)  
🏠 Rue du Fossé aux Loups 28, 1000 Brussels ☎️ 02/ 217 56 39  
🕒 Tues - Sat: 12pm - 2pm, 7 - 9.30pm

30 **Belga Queen:** stylish seafood restaurant with an oyster bar and a cigar lounge. Chic brasserie, in a former bank, with a stained-glass ceiling & lounge area with leather armchairs.  
🌐 [www.belgaqueen.be](http://www.belgaqueen.be)  
🏠 Rue du Fossé aux Loups 32, 1000 Brussels ☎️ 02/ 217 21 87  
🕒 Mon - Thurs: 12pm - 2.30pm, 6.30pm - 11pm  
Fri: 12pm - 2.30pm, 6.30pm - 12am / Sun: 6.30pm - 12am.